

Clover Flyer Dispatch

JACKSON AND TREMPEALEAU COUNTIES 4-H NEWSLETTER



March 2022

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Trempealeau County

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In this Issue:

- Both County Programs Page 2
- Upcoming Programs Calendar Page 9
- Jackson County Programs Page 13
- Trempealeau County Programs Page 17
- New Family News Letter Page 22

Programs For Both Counties

JACKSON AND TREMPEALEAU COUNTIES 4-H NEWSLETTER



Want to Add Something to the Newsletter?

Do you have something you want in the following newsletter? Club Leaders, did you do something remarkable? Add it to the newsletter! Have your information typed and sent to andrea.ripple@wisc.edu by the **15th of the month!** Getting information in by the 15th will ensure your addition is added. I will not type something up for you, so please have everything ready.

Parents and Leaders Meetings:

Parents and Leaders are looking for more members to join their meetings. There are currently open positions for re-election, so leadership opportunities are available! Do you want to see new programs in the county? Are there changes you want to see? This is the place to accomplish just that. The county programs need volunteers to

Jackson County Parents and Leaders are looking for more participation from the county program. The Group meets on the 3rd Monday of the month.

<https://uwmadison.zoom.us/j/93816484689?pwd=VmxMdWYwYmxHRUYwZjlfFeFlUUx3Zz09>

Meeting ID: 938 1648 4689

Passcode: 536020

Join the **Trempealeau County** Parents and Leaders meetings virtually for the Winter! Their meetings are on the 4th Monday of the Month. Below is the URL for the meeting.

<https://uwmadison.zoom.us/j/98437110302?pwd=a2diY2E3KzdmYndRb3RsZCtXM3lyQT09>

Meeting ID: 984 3711 0302

Passcode: 892384

Southdown Sheep Scholarship:

Check out this Southdown Sheep Scholarship! More information is available at the link below. If you have any questions, they can be directed to this email:

sasmerchek@outlook.com

<https://go.wisc.edu/005347>

Wisconsin 4-H Foundation Scholarships:

Wisconsin 4-H Foundation Scholarship is now open. Applications are due by email on March 15th, 2022. The Foundation will award more than \$15,000 in scholarships to outstanding Wisconsin 4-H members and alumni pursuing higher educations in 2022. More information can be found at the link below.

<https://wis.4hfoundation.org/scholarships/>



March Birthday List:

I wanted to try something new to include our members and celebrate them! Each month
If you see one of these members, be sure to wish them a happy birthday!

Kaden Moseley 03/02

Jason Waldera 03/23

Ethan Perrine 03/17

Zacharie Dobson 03/27

Macie Casper 03/08

Jackson Peterson 03/15

Jay Stetzer 03/18

Macie Goldsmith 03/20

Morgan Berg 03/28

Drew Stetzer 03/08

Sean Stetzer 03/08

Ethan Graham 03/09

Emma Kampen 03/15

Hannah Thompson 03/17

Emmett Sedelbauer 03/03

Brayden Giese 03/07

Lliana White Eagle 03/13

Leah Blaken 03/18

Ryder Tande 03/10

Honor Rommel 03/11

Lexene White Eagle 03/26

Lyana Head 03/12

Gracie Grandt 03/17

Elizabeth Sirianni 03/30

Sevannah Hynes 03/17

Lidia Bakeberg 03/17

Anthony Grandt 03/05

Thomas Zigler 03/20

Carter Dingeldein 03/27

Aryanna Johnson 03/04

Ellie Ledebuhr 03/04

Harlow Foss 03/26

Mason Przybylla 03/13

Madison Grotjahn 03/27

Catherine Kampa 03/29

Sophia Kampa 03/29

Conner Hilton 03/11

Rani Waldera 03/02

Griffin Andersen 03/12

Brycen Halderson 03/08

Joslyn Thronson 03/28

Johnson Kathryn 03/09

Coltan Brown 03/12

Dairy Fitting and Showing Clinic:

Updated 2/10/22



Fitting and Showing Clinic

By: Katie Coyne—Mill Wheel Show Clinic

Date- 04-23-2022 8:45AM-around 3PM tentatively

Location-Jud and Trish Brown

N42794 Roskos Road

Strum, WI 54770

Contacted Trish Brown @ 715-695-3125 home

715-533-4402 Cell or email trishj03@yahoo.com

Hosted By-Trempealeau County Holstein Breeders and Dairy Committee

Cost \$10 per youth-All youth are welcome if interested in showing dairy cattle Trempealeau county and surrounding counties. **Sign up by April 5th or \$25 Late**

Sign up

Volunteers are welcome

Clinics will include fitting and showing. Can touch base on feeding if there is interest in that. The Goal is to get the youth more involved in showing, by teaching them the everyday care and show essentials.

-Youth should arrive with their calf and be ready by 9:00AM on 4-23-2021

-Lunch will be served

-If you have no calf, no worries, we can have some available to use if needed. Just let us know ahead of time. Youth may also share helpers.

-Youth will actually clip their calf as they advance to the next level of proficiency with their clipping. Youth **may** bring their own clipping supplies but not required.

-There will be a washing demonstration with an explanation of the best way to use Weaver products. The afternoon will focus on showmanship in small groups with other youth assisting with pointers and ideas

-The day will conclude with an actual showmanship contest and Weaver product give-away.

CLINICS ARE HANDS-ON SO PLEASE KEEP THAT IN MIND

YQCA:



Youth for the Quality Care of Animals or YQCA is now opening up for the year. This program is required for these Jackson County exhibits:

- Dairy
- Beef
- Swine
- Sheep
- Goat
- Poultry
- Rabbits
- Llama
- Alpaca
- Exotics

If you plan to exhibit these at the Trempealeau County fair, you will need to complete YQCA:

- Dairy Basket
- Market Beef
- Market Swine
- Market Sheep
- Market Goats
- Market Poultry
- Markey Rabbits

This year I will have two in-person YQCA dates available to members to attend. Registration for these sessions can be found here:

<https://yqca.learngrow.io/Account/Login>



When you select "Find a Training," it will give you a list of all the in-person sessions around the state of Wisconsin. I will have one on Mar. 26 at Riverland Energy in Arcadia and the second on Apr. 2 at the Jackson County UW Extension Office. If you can attend, please register through the YQCA Website.

If these dates don't work, the online version is also available.

Club Meeting Calendar:

I like visiting club meetings when programming is slower during the winter months. The past couple of years have limited my ability to meet with clubs, but I want to start scheduling meetings since I can. My goal is to visit half the clubs this winter by coming to a meeting. I can bring team-building activities and ice breakers to the meeting as well! This is an excellent opportunity for clubs to have a guest speaker and get to know me! If your club is interested, please contact me to work on the details. I look forward to meeting with all of you!

In-Person Meeting:

As of Jul. 1, 2020, in-person meetings are possible! I have a post on our website that gives you all the details.

Here is a quick recap of some of the recent updates:

- As of Jun. 2, masks are not required for fully vaccinated participants.
- Indoor meetings have no size limit if participants are spaced 6 feet apart.
- Please visit the website to review the details.

<https://trempealeau.extension.wisc.edu/2020/07/10/in-person-approval-form/>

<https://4h.extension.wisc.edu/4-h-faqs-related-to-covid-19/>

<https://jackson.extension.wisc.edu/2020/07/10/in-person-approval-form/>

VIP Training:

VIP or Volunteers in Preparation training is for anyone who wants to work with youth one-on-one and teach sessions like a project or club leader. If you have signed up to be a volunteer in 4-H Online and I have not approved you yet, it might be because of this. Look for this symbol. This symbol means that you will need to complete either VIP or mandated reporter training. The mandated reporter is an online course in 4-H Online that you can complete on your own time. VIP, however, has to be taught by either myself or another educator virtually or in person. This training covers many topics on creating a safe environment for youth and takes about 90 minutes.



I prefer to do VIP training on weeknights in September-April because the rest of the year gets pretty busy for everyone, especially in the summer.

Want more information about VIP? E-mail me! I would be happy to answer your questions!

Andrea.ripple@wisc.edu

Watch for the training in this section of the newsletter.

Upcoming VIP Dates:

March 7th, 6 pm at the Trempealeau Library

<https://go.wisc.edu/a5sv5l>

March 23rd, 6 p.m. at the Jackson County Extension Office:

<https://forms.gle/DjUuyJiXxtjjkVX56>

April 6th, 6 p.m. at the Jackson County Extension Office

<https://forms.gle/aijGq5RG3Rox6EWp7>

Where is My Newsletter?

I often get this question: “Can I be added to your newsletter list?”. To get added to our mailing list, you can do a couple of things; enroll or re-enroll in 4-H Online. This is where I pull my lists from. Before sending out large emails, I update this list so you will be on the list as long as you re-enroll. Please check your SPAM folder if you have enrolled in 4-H Online but have not seen an email lately. I switched email systems to avoid this issue, but I need your help. This will help make you stay connected and informed!

4-H Movement Yard Signs:

Do you want to show off your 4-H Pride? Come to the Extension office and get your free sign! Supplies are limited, but more can be ordered.



| Mon th | Activities/Programs Jackson County Programs Trempealeau County Programs |
|---------------|---|
| March 2022 | <ul style="list-style-type: none">15th-Jackson County Small Animal Project Meeting @ 6 p.m. at the Extension Office.20th- Trempealeau County Horse Project Clinic, Vet and Farrier Clinic, and Meeting Noon-1 pm.21st- Jackson County Parents and Leaders Meeting @ 6 p.m. in the Jackson County Extension office. https://uwmadison.zoom.us/j/93816484689?pwd=VmxMdWYwYmxHRUYwZjlfFeFIUUUx3Zz0923rd- VIP Training 6 p.m. at the Jackson County Extension Office. Re-registration is required.23rd- Horse Project Meeting 6:30 pm @ Alma Center VFW26th- In-person YQCA from 9-10 a.m. @ Riverland Energy in Arcadia. Register at https://yqca.learngrow.io/Training/Search26-27th- Winter Camp (Rescheduled Date) |

| | |
|------------|--|
| | <ul style="list-style-type: none"> • 28th- Trempealeau County Parents and Leaders Meeting @ 6 p.m. https://uwmadison.zoom.us/j/98437110302?pwd=a2diY2E3KzdmYndRb3RsZCtXM3lyQT09 • Meeting ID: 984 3711 0302 • Passcode: 892384. |
| April 2022 | <ul style="list-style-type: none"> • 1st- Deadline to have projects selected in 4-H Online. • 1st- Trempealeau County Horse Project Horse ID Forms Due to Becky. • 2nd- In-person YQCA from 9–10 a.m. at the Jackson County Extension Office in Black River Falls. Register at https://yqca.learnrow.io/Training/Search • 6th- VIP Training 6 p.m. at the Jackson County Extension Office. Pre-Registration is required. • 9-10th- Horse Clinic TBD & Business Meeting. Location and time to be announced. • 12th- Jackson County Small Animal Project Workshop @ 6 p.m. at the Extension Office. • 16th- Small Animal Auction. Time and location to be announced. • 18th- Jackson County Parents and Leaders Meeting @ 6 p.m. in the Jackson County Extension Office. https://uwmadison.zoom.us/j/93816484689?pwd=VmxMdWYwYmxHRUYwZjlfFeFlUUUx3Zz09 • 22-24th- Midwest Horse Fair, Madison WI • 23rd- Spring Thaw Beef Show (First-time Beef Exhibitors Safety Workshop 8:30) • 23rd- Pig/Sheep/Goat Registration-9-11 am • 23rd- Dairy Fitting and Showing Clinic 8:45- 3 p.m. @ Pietrek's Park. To register, contact Trish Brown (715)695-3125 or (715)533-4402 • 25th- Trempealeau County Parents and Leaders Meeting @ 6 p.m. Location to be announced. https://uwmadison.zoom.us/j/98437110302?pwd=a2diY2E3KzdmYndRb3RsZCtXM3lyQT09 • 29-1st- Minnesota Horse Expo Minneapolis, Minnesota. |
| May 2022 | <ul style="list-style-type: none"> • 1st- Pig/Sheep/Goat Registration Due by Email to jclivestockproject@gmail.com • 9th- Project Grant Requests Due https://forms.gle/PZuvxRFwWEmQybJNA • 10th- Jackson County Small Animal Project Meeting @ 6 p.m. at the Jackson County Extension Office. • 11th- Livestock Education Committee Meeting at 7 p.m. • 14th- Trempealeau County Horse Project Work Day at the Fair Grounds. • 15th- Graduating 4-H Scholarship Due to the |

| | |
|-----------|--|
| | <ul style="list-style-type: none"> 16th- Jackson County Parents and Leaders Meeting @ 6 p.m. in the Jackson County Extension Office. https://uwmadison.zoom.us/j/93816484689?pwd=VmxMdWYwYmxHRUYwZjlfFeFIUUUx3Zz09 17th- Jackson County Livestock Sale Committee Meeting @ 7 p.m. Location to be announced. 21st- Coulee Region Showdown (Sheep and Goat Show) 23rd- Trempealeau County Parents and Leaders Meeting @ 6 p.m. Location to be announced. https://uwmadison.zoom.us/j/98437110302?pwd=a2diY2E3KzdmYndRb3RsZCtXM3lyQT09 31st- Trempealeau County Horse Project Speed Series @ 6 p.m. at the Trempealeau County Fair Grounds |
| June 2022 | <ul style="list-style-type: none"> 9-11th Horse Camp 14th- Jackson County Small Animal Workshop @ 6 p.m. At the Jackson County Extension Office. 14th-Trempealeau County Horse Project Speed Series Show @6 pm at the Trempealeau County Fair Grounds. 18th- Fly Fishing Workshop @ Superior Fresh. 20th- Jackson County Parents and Leaders Meeting @ 6 p.m. in the Jackson County Extension Office. 27th- Trempealeau County Parents and Leaders Meeting @ 6 p.m. Meeting location to be announced. https://uwmadison.zoom.us/j/98437110302?pwd=a2diY2E3KzdmYndRb3RsZCtXM3lyQT09 28th- Trempealeau County Horse Project Speed Series Show @6 pm at the Trempealeau County Fair Grounds. |
| July 2022 | <ul style="list-style-type: none"> 1st- Educational Events and YQCA Due to the Extension Office. 5th- Jackson County Livestock Sale Committee Meeting @ 7 p.m. Location to be announced. 9th-Fair Tag Pick up/Drawing and Painting Judging. At the Trempealeau County Fair Grounds. 12-14th- Farm Technology Days @ Clark County 13th- Livestock Education Meeting at 7 p.m. 14-17th- Trempealeau County Fair 15th- YQCA Due to the Extension Office 18th- Jackson County Parents and Leaders Meeting @ 6 p.m. in the Jackson County Extension Office. 25th- Trempealeau County Parents and Leaders Meeting @ 6 p.m. Location to be announced. |

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| | https://uwmadison.zoom.us/j/98437110302?pwd=a2diY2E3KzdmYndRb3RsZCtXM3lyQT09 <ul style="list-style-type: none"> 27th- Fair Clean Up, Jackson County Fair Grounds |
| August 2022 | <ul style="list-style-type: none"> 3-7th- Jackson County Fair 8th- Post Fair Cleanup- 5 pm Livestock Barns 15th- Jackson County Parents and Leaders Meeting @ 6 p.m. in the Jackson County Extension Office. 16th-Charter Workshop, location to be announced 17th- Charter Workshop, location to be announced 22nd- Carcass Awards Program and Workshop 7 pm 22nd- Trempealeau County Parents and Leaders Meeting @ 6 p.m. Location to be announced. https://uwmadison.zoom.us/j/98437110302?pwd=a2diY2E3KzdmYndRb3RsZCtXM3lyQT09 |
| September 2022 | <ul style="list-style-type: none"> 1st- Record Books Due to the Extension Office 10th-State Gymkhana Show 12th-Horse Project Business Meeting 6 p.m. (Becky's home or virtual) 14th- Livestock education Meeting 7 p.m. 17-18th- State Horse Expo (State Fair Grounds, Pleasure Show) 19th- Parents and Leaders meeting 6 p.m. @ the Jackson County Extension Office. 20th- Livestock Sale Committee Meeting @ 7 p.m. 26th- Parents and Leaders Meeting 6 p.m. @ https://uwmadison.zoom.us/j/98437110302?pwd=a2diY2E3KzdmYndRb3RsZCtXM3lyQT09 |
| October 2022 | <ul style="list-style-type: none"> 17th- Parents and Leaders meeting 6 p.m. @ Jackson County Extension Office 24th- Parents and Leaders Meeting 6 p.m. |
| November 2022 | <ul style="list-style-type: none"> 5th- Livestock Socks Auction. 9th- Livestock Education Meeting, 7 p.m. Location, to be announced. 21st- Parents and Leaders Meeting 6 p.m. @ the Jackson County Extension Office. 28th- Parents and Leaders Meeting 6 p.m. |
| December 2022 | <ul style="list-style-type: none"> |
| January 2023 | <ul style="list-style-type: none"> |
| February 2023 | <ul style="list-style-type: none"> |

Jackson County Programs

JACKSON AND TREMPLEAU COUNTIES 4-H NEWSLETTER



2022-2023 Grant Request Form:

The 2022-2023 Project Grant application is now available! The Parents and Leaders offer grant opportunities for 4-H clubs and project groups every year. These funds are to be used for educational purposes. Applications are due on **May 9th**. Check out the application at the link below. If you have any questions, don't hesitate to contact jacksonleadersboard@gmail.com.

<https://forms.gle/visuVnXWTeb1Qfm68>

Graduating Senior Scholarship:

If you have a graduating senior in grades 12-13 (one-year post-high school) and a current 4-H member, they are eligible for the Graduating 4-H Scholarship! Applications are due to the Extension Office by **March 15th**. You can find more information and the application at the link below.

<https://jackson.extension.wisc.edu/4-h/for-members-and-parents/forms-and-applications/>

Jack Pine Room Usage:

If groups want to use the room, an educator must be there. I am more than willing to attend meetings your group can use the space. If you want me to participate in a session, please contact me to put it on my calendar before the meeting.

Milk Jugs:

Melody Gesicki of the Black River Falls Public Library is asking for our help! They are looking for 100 CLEAN milk jugs with lids to be dropped off at the library. They have a project they are trying to complete and need our help!

Livestock Project No-Bake Bake Sale:

The Livestock Committee is hosting their-Bake Bake Sale! This sale supports the Livestock Program for their education even throughout the year. The money also purchases the belt buckles used as trophies for livestock exhibitors. Donations are gladly excepted if you do not wish to buy anything. All the funds go to support youth programming in the county directly. The link below has the order form.

<https://go.wisc.edu/2ccw17>

Jackson County 4-H Clubs and Groups

Check out the Club List on the website for more information!

<https://jackson.extension.wisc.edu/4-h/how-to-get-involved/4-h-clubs/>

| Club | Leader/s | Contact Information | Location |
|---------------------------------|-----------------------------------|--|-------------------|
| BRF Trailblazers | Amy Carrier | 715-896-6527 | Black River Falls |
| Countryside Crystals | Karen Kling Kathlene Zipfel | 715-662-2600 715-299-7912 | Taylor |
| Hixton Lucky Clovers | Molly Kniseley | 715-299-2470 | Hixton |
| Irving Sticktights II | Craig Kubaski | 715-896-2559 | Irving |
| Melrose Satellites | Becky Radcliffe | 715-896-1157 | Melrose |
| Milk Duds | Mary Giese | 715-896-1039 | Garden Valley |
| Mound View Happy Workers | Linda Mosely | 715-597-3949 | Garden Valley |
| Northfields Go-Getters | Carolyn Mann Stephen Smith | 715-797-1517 715-984-2267 | York |
| Osseo Wild Mustangs | Cathy Franck | 715-586-0762 | Osseo |
| Whispering Hills | Ellie Hurlburt Maribeth Graham | 715-284-4917 715-896-3040 | Black River Falls |
| Livestock Committee | Jerome Laufenberg | 715-284-7598 | Jackson County |
| Dog Project | Open Position! | | Jackson County |
| Shooting Sports | Mary Blazek Justin Pleinis | rblazek@centurytel.net jcpleinis@gmail.com | Jackson County |

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|-------------------------------|-----------------|--|----------------|
| Small Animal Committee | Jasmine Lucas | jacksonsmallanimal@gmail.com | Jackson County |
| Horse Project | Craig Kubaski | craigkubaskie@yahoo.com | Jackson County |
| Dairy Project | Holly Meimann | hjmeimann18@gmail.com | Jackson County |
| Parents and Leaders | Maribeth Graham | 715-284-7598 | Jackson County |

Trempealeau County Programs

JACKSON AND TREMPEALEAU COUNTIES 4-H NEWSLETTER



Swine Tag Pick Up:

Below is a message from the Livestock Committee:

Hello, Trempealeau County 4-H Club Leaders and FFA Advisors,

Will you please share the below information with your 4-H club members/FFA students and their families? We need your help in passing along this information to ensure we catch all of the families that need this information, especially those new families thinking of showing swine for the first time.

I appreciate your help and all that you do for the kids!

Hello Swine Exhibitors!

(If you are NOT a swine exhibitor, please share this information with others in your organization-- especially new members or those that may be thinking of showing for the first time. Thank you!)

It is time to **register for swine tag pickup**, which sure spring is on its way!! Here are the details:

When: Saturday, March 19, 2022

Time: 9am--12 noon

Where: Co-op Building at the Fairgrounds

Registration Link: <https://forms.gle/7GEUMyjZJS7Hu9vV6>

Registration is due no later than Sunday, March 13.

Thank you to all who could attend the informational meeting held in January. Special thanks to Jamie Goplin for organizing and leading the event. Below is a recap of a few of the changes for anyone unable to attend.

- **Earlier Tag Pickup:** Surrounding counties and their exhibitors have succeeded with an earlier tag pickup date. Exhibitors can bring the tags when picking up their pigs. Breeders can help tag the pigs, and exhibitors can take the necessary identification photos while the animal is being held as it is carried out. Yes, you may spend an extra \$2-4 on a tag or two you may not use, but this system is much easier than chasing more giant pigs around the pen at home a month later!
- **Ear Notches:** For identification purposes, all pigs must be ear notched. You will be required to include this information when sending pictures of the tagged pigs to the Livestock Committee. Ear notches should be visible in the photos, as well.
- **Non-Terminal Show & Testing:** To allow exhibitors to continue to show their project animals at additional shows (i.e., State Fair), the decision was made to move away from a terminal display. Because we will have a non-terminal show, testing will be required. A complimentary testing kit will be given to each family (or one per herd if multiple families share a facility). These tests will have to go to a veterinarian to be sent in for processing. Jamie continues to work on financial sponsorships to reimburse families for the cost of this process.
- **Purebred Market Class:** A market class for purebred hogs has been added. Registration papers will be required to enter this class. Designations of Grand Champion Purebred Market and a Reserve Champion Purebred Market will be awarded. With this addition, a Supreme Overall Market Animal will be determined from the Grand Champions of the Market Barrow, Gilt, and Purebred classes.

2021 Plat Books Available:

Just in time for hunting season! Check out the 2021 Plat Books! Books are \$30 and will be available at the office and around the county at the usual bank locations:

- State Bank of Arcadia
- State Bank of Arcadia- Whitehall
- Centerville Coop
- Co-op Credit Union-Galesville
- Independence State Bank
- NCRS Office- Whitehall
- Pietrek Service Station
- Waumandee State Bank- Arcadia
- Waumandee State bank – Whitehall
- Waumandee State Bank- Blair
- Register of Deeds Office- Trempealeau County Government Center in Whitehall
- Extension Office- Trempealeau County Government Center in Whitehall

There will be a couple of new locations added to the list this year! I have been working on getting the books out to more people. Here is a list of the recent places where you can find our plat books:

- Howards Hardware Hank- Arcadia
- Johnsons Hardware Hank- Whitehall
- Holtan's TnC Sporting Goods- Whitehall

More locations will be added. Remember, plat books are one of the parents' and leaders' fundraisers. They support scholarships for Educational Experiences such as American Spirit, Space Camp, and other county programs like Clover College and Summer Camp.

Festival of the Arts Survey:

With the tabulation of the data collected, we will not be holding the Festival of the Arts program this year. The current state of Covid and the survey results show us that members are not ready to participate this year. If you are interested in viewing the survey results, you can find the report at the link below.

<https://trempealeau.extension.wisc.edu/4hyd/how-to-get-involved/4-h-county-programs/festival-of-the-arts/>

Trempealeau County Club Leader List

Check out the list of 4-H Clubs on the website!

<https://trempealeau.extension.wisc.edu/4hyd/how-to-get-involved/4-h-clubs/>

| Club | Leader/s | Contact Information | Location |
|---------------------------------|---|------------------------------|--------------------|
| Arcadia Hummingbirds | Rosa Mooney | 608-863-3483 | Arcadia |
| Coulee Clovers | Cindy Peterson | 608-989-2249 | Blair |
| Ettrick Eagles | Dawn Corcoran | 608-525-4200 | Ettrick |
| Frenchville Clovers | Heather Olson | 608-484-0447 | Frenchville |
| Glasgow/Hardies Creek Busy Bees | Heidi Johnson | 608-484-0492 | Galesville |
| Hale and Hardy | Lindsey Nelson | nelson.lindseya82@gmail.com | Pleasantville |
| Lincoln Pioneers | Kim Pryzbylla | 715-985-3902 | Independence |
| Sliver Valley Creek | JoAnn Reinholdt | 608-582-2237 | Galesville |
| Sunnyside | Charlotte (Charlie) Everson Geraldyn Subra | 608-989-2310 715-662-3003 | Blair |
| Trempealeau Trusty Workers | Patti Sonsalla | 608-738-8295 | Centerville |
| Whitehall Happy Hus-tlers | Sharon Pederson | 715-538-4856 | Whitehall |
| Dog Project | Judy Betker | 608-989-2386 | Trempealeau County |
| Horse Project | Becky Hynes | 608-865-1038 | Trempealeau County |
| Parent's and Leaders | Valerie Erickson | 608-385-5654 | Trempealeau County |

| | | | |
|------------------------|---------------------------|--------------|-------------------------------|
| Llama Project | Becky Poulos | 715-538-1444 | Trempealeau County |
| 4-H Ambassadors | Rosa Mooney | 608-863-3483 | Trempealeau County |
| Shooting Sports | Open Position! | | Trempealeau County |



Reflect and Record

The end of summer is a great opportunity to stop and reflect on the past 4-H year. Many 4-H members reflect on their successes, their challenges, and their experiences through a 4-H record book. Record books are presented in a variety of ways, sometimes through journals, videos, or slideshow presentations. All of these formats allow 4-H members to reflect on their project goals and determine how much progress was made over the past year.

Keeping record books throughout a 4-H career will help youth end up with a summary of all that they've done through their time in 4-H. This summary can be helpful when filling out job and college applications. Record books may also be helpful when applying for county scholarships or awards.



Credit: Alyssa Zirbel

Developing Life Skills

Keeping records of work during a 4-H career helps to grow important life skills.

- » **Self-reflection** on experiences and accomplishments
- » **Goal setting** for the future
- » **Planning and organizing** a successful project or experience
- » **Critical thinking** when challenges arise or things don't go quite as planned
- » **Budgeting** time to meet deadlines and budgeting money to cover the cost of supplies

Adults can create space for youth reflection.

- » Help your youth consider what their goals were for the past year and determine if they met their own expectations.
- » Begin to consider goals for next year. Ask questions like, "If you were going to do things again, how would you do them differently?"
- » Reflect regularly with your youth about their experiences at meetings and events.
- » Take a lot of pictures. Photos and videos are great ways to record participation in activities while also recording achievements.
- » Set aside a few minutes every month for 4-H youth to fill out records.

Clubs and counties may offer awards for keeping high quality records. Check with your local club leader or county educator to learn more.





Track Your Progress

4-H members like you do awesome things every year. Keeping track of what you do in 4-H can help you to talk about your accomplishments with others. Many members keep track of what they did with a 4-H record book. Record books can be really helpful when you apply for college, jobs, or scholarships! If you are unsure of what record keeping your county does, ask your 4-H educator or a club advisor. A sample might be posted on your county webpage.

What should I record?

There's a lot that you can do in 4-H, so keeping track of everything might seem like a lot of work. If you answer "Yes" to any of these questions, you should include it in your record.

- » Did you learn something?
- » Did you complete a project?
- » Did you accomplish a goal that you set for yourself?
- » Did you receive an award or a scholarship?
- » Did you travel somewhere with 4-H?
- » Did you spend or receive money for your project?
- » Did you make a presentation or give a speech?
- » Did you participate in a club activity?
- » Did you serve in a leadership role?

How do I record it?

Once you've got something to record, you have a lot of ways to keep track of it. Use whatever works best for you and the situation! You might use a mix of all of these things!

- » Write your record on a piece of paper, and keep all the paper in a folder.
- » Write all your records in a notebook.
- » Create a 4-H career scrapbook.
- » Set aside a box for ribbons, photos, and all your records.
- » Take a video of yourself where you talk about what you did.
- » Type your records in an online document.



Completing a craft project or helping out with a club community service project are great things to include in your records!

**If you store your records online, have an adult help you keep your information safe!
It's always good to store an extra copy of your digital records somewhere.**



Club officers should record their time spent learning to lead.

Records should **always** answer these questions:

1. What did you do?
2. When did you do it?
3. What did you learn along the way?
4. What important details do you want to remember?

Background Image Credit: Alyssa Zirbel

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