

JACKSON COUNTY EXTENSION & EDUCATION COMMUNICATION COMMITTEE

4-H & Positive Youth Development Team

December 1, 2018 – December 31, 2018



4-H HIGHLIGHTS

UW-Extension All-Colleague Meeting – This meeting was for all UW-Extension employees to attend and focused on professional development, networking, and informing. We learned more about the merge with UW-Madison, heard presentations about a variety of different topic areas, were given ideas about programming, met with our program areas to network and focus on our missions and goals, and attended professional development sessions of our choice.

Closet Cleaning – I took two full days out of this past month to clean the upstairs attic space in the UW-Extension Office building. This space is home to our 4-H supplies and had gotten a little out of control. Now, the space is organized and sorted, so we have a better sense of what supplies we have and also have access to easily check out the science kits we have.

The science kits are something that I discussed with the Parent and Leaders Board President about – to see if the Leaders Board would be interested in maintaining the kits, advertising them, and checking them out to clubs/families/individuals. They are interested and this, hopefully, will be a great way to help us get the clubs more excited about STEM, since all of the supplies, the activity instructions, and materials are all prepared and ready for the groups to simply check out and use.

SEED Training – This is a six month program that is about 'Seeking Educational Equity and Diversity'. Our office has been attending these trainings along with many from the Ho-chunk nation. SEED has had a positive, transformational impact on the lives of teachers, students, parents, and communities. Those connected to the SEED network testify that as a result of their SEED seminar experience, they listen to all voices, including their own, with widened attention. SEED participants are able to embrace with more confidence and competence the challenges and joys of the many kinds of diversity found in their own lives and in the lives of others, especially their students, youth, and colleagues.

4-H UPCOMING IMPORTANT DATES

Cloverbud Project Series– Cloverbuds are 4-H youth in grades kindergarten through 2nd grade. There are two volunteers who have worked to build the 4-H Cloverbud Project in Jackson County and to do so they plan one event a month, from January through April. The event flyer, that is being emailed, and mailed, to all Cloverbud families, can be found on the back of this sheet. The events include:

1. Winter Bird Survival
2. Build Your Own Waterslides
3. Using Your Super Senses with guest speaker April Duval
4. Growing Flowers & Flower Seed Bombs

Festival of the Arts – This year Trempealeau County has invited Jackson County 4-H youth to attend the Festival of the Arts event. We have heard and received feedback from our banquet survey that an arts festival back in the county is something that some families are interested in, however there is not enough interest to host our own event – so we are grateful that we can pair with Trempealeau County and give youth the opportunity to meet more 4-H youth! The Festival of the Arts event is a great opportunity for 4-Her's to explore their artistic, communicative, and dramatic skills. There are a variety of different types of art that you can showcase – some individually, and some as a group.

- The event takes place on Saturday, February 9th, 2019 at the Whitehall School from 8:30 AM until 1 PM.
- You can sign up to participate in: Group Music (instrumental, vocal, dance, or novelty), Solo and Duet Music, Group Mini-Drama, Group Play Reading, Group Drama, Demonstrations and Illustrated Talks, Action Center, Communication Arts, Marketing, Photography, and Arts and Crafts
- Registration for the event must be completed by February 1st, 2019 in order to participate.



KEY MEETINGS

Dec 4-6 – UW-Extension All-Colleague Meeting

Dec 10 – Trempealeau County Parent and Leader's Board Training

Dec 12 – SEED Training

Dec 12 – Ho-chunk Parent and Family Night

Dec 13 – 4-H Youth Development Zoom Session

Dec 17 – Parent and Leader's Board President Meeting

Dec 20 – Jackson County EEC Meeting

Dec 20 – Cloverbud Event Planning Meeting

Jackson County 4-H Cloverbud Activities



Winter Bird Survival

Tuesday, January 15th 6-7PM
at Jackson Co. UW-Extension Office

Should we stay or should we go? Find out what it is like for birds to migrate as a group, and discuss what adaptations birds need to survive winter.



Build Your Own Waterslide

Monday, February 11th 6-7PM
at Jackson Co. UW-Extension Office

Learn about how science and building come together to create the fun of a water slide. This is a hands on activity that will be sure to teach and inspire lots of fun!



Using Your Super Senses

Thursday, March 14th 6-7PM
at Jackson Co. UW-Extension Office

We use our senses every time we eat. Colors, crunches, smells, textures, and taste all matter when we choose fruits and vegetables to eat. Join us and try some new foods!



Growing Flowers & Flower Seed Bomb

Thursday, April 11th 6-7PM
at Jackson Co. UW-Extension Office

April showers bring May flowers, so let's help bring as many flowers as you can by creating a flower seed bomb! We will also learn more about how to grow flowers.



Please RSVP Registering is appreciated, but not required - it will help us plan appropriately for supplies and snacks. Call the Jackson Co. UW-Extension Office (715-284-4257) or find an online form on our facebook site: <https://www.facebook.com/JcCloverbud4HProject/>

join us!



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Jackson County

What is Cloverbuds?

The Cloverbud program is an educational program designed for children in 5K-2nd grade. Cloverbud events are open to both 4-H and community youth. The main goal of the Cloverbud program is to provide a welcoming, safe, and hands-on experience that promotes children's healthy development, represented in the 4-H's: HEAD, HEART, HANDS, and HEALTH. To learn more about Cloverbuds or joining Jackson County 4-H, please contact Sarah at 715-284-4257 or sarah.hoffman@ces.uwex.edu

Jackson County Extension Education & Communication Committee
FoodWise Report for 12/1/18 – 12/31/18

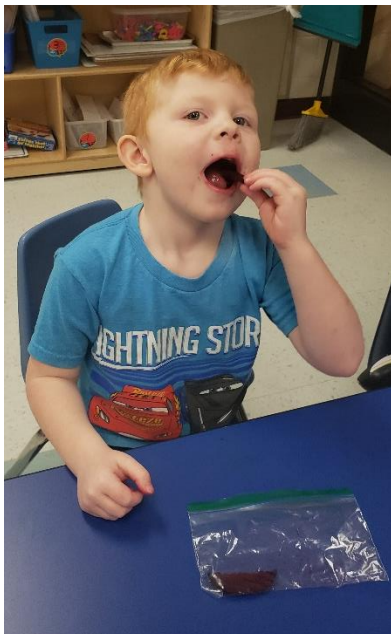


FoodWise Projects, Events & Professional Development - April Duval, Coordinator:

- Western Dairyland Head Start Health Advisory Council Meeting
- Led a Poverty Sensitivity Training for Western Dairyland Head Start New Staff Training
- Nutrition newsletter articles for Forrest Street and Red Creek
- Nutrition Corner newsletter article for 60 Forward Publication
- Seeking Educational Equity and Diversity (SEED) Training Series
- Policy, System and Environment (PSE) training tasks and webinars
- Emails to Kindergarten and 2nd Grade Staff to prepare for upcoming Nutrition Education lessons

Education in Jackson County Schools:

School	Grade	Number of Classrooms	Number of Events
Forrest Street Elementary	4K	4	2
Lincoln Elementary	4K	3	2
Jackson County Head Start Center	4K	1	2



**4K Students
trying beets:
canned and
fresh**



Education in Jackson County Community:

Jackson County Home Based Head Start Parent Program:
Strategies to Like Vegetables