

4-H Youth Development Team

February 2018 Highlights

4-H/UW-Extension Outreach:

- **Ho-Chunk Nation Youth Services Family Night** – It was the first Family Night at the new District 1 Community Center. Stormie and Alex presented STEM activities involving magnets. Youth learned about magnetic fields, created homopolar motors, made paper clips float, and learned about minerals in food.
- **Quilting SPIN Club** – The quilting group had its first meeting on 13th. Five youth were able to attend the first meeting. The youth had a great time. The kids learned sewing machine safety and sewed on lined paper for practice. The kids picked out fabric squares, laid out designs and sewed rows. They meet again February 10th.

Volunteer Development:

- **GreenLifeXpo** – Monica has been providing support to the GreenLifeXpo Committee as they discontinue the expo format and reimagine themselves as an organization that helps build partnerships in the community around green living and healthier communities. They decided to return the funding that the county donated in 2017 since it hadn't been used.
- **Youth for the Quality Care of Animals (YQCA)** – Monica is taking the lead on coordinating and tracking the new YQCA program, which replaces Meat Animal Quality Assurance as an educational program required for most animal science project groups. Youth will now learn through an online module and turn in a completion certificate to receive educational credit for the workshop.
- **4-H Club Officer Training** – 4-H youth learned about the responsibilities of the different leadership roles in clubs. They learned about how to lead a meeting, practiced parliamentary procedure, wrote checks, and balanced a ledger.

Strengthening Families:

- **Referral Pathway Online Training Module for Frontline Staff** – Monica developed an online training for frontline staff (teachers in the schools, social workers, etc.) in local institutions. It is a key, sustainable training tool developed to support the referral process for healthy coping skills education. She presented it to local partners during the Healthier Wisconsin Partnership Program (HWPP) Partnership Council meeting on 1/23. She will do a short demonstration of this web-based resource during the EEC meeting on 2/13.
- On-going preparations, marketing, and communications related to Powerful Tools for Caregivers, Taking Care of You, and the Strengthening Families Program, all of which will be starting soon.
- **Social Marketing Campaign** – We are working with RiverHouse Creative to develop a website and internet ads for our campaign. We're hoping to roll everything out by the end of February.

Other:

- Learning more about and taking on the Family Living side of things (previously Luane's roles) – Children's Coalition, Aging Collaboration, Coordinated Service Teams
- On-going communication with the Fair Board about changes and updates to the Fair Book
- **Post-Tenure Review (PTR)** – As tenured faculty, Monica is required to be reviewed every 5 years by her peers to ensure on-going scholarly work in the field. The documents you have received for her review is what she submitted for PTR, representing 5 years of her work, and serves as the county-level annual review document for this year as well.
- Stormie was able to continue her work study program for the second semester. She is working towards an Employability Skills Certificate from DPI.

Key Meetings:

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| 1/7 – Club Officer Training | 1/15 – Planning meeting at library |
| 1/8 – Together for Jackson County Kids leadership team mtg, GreenLifeXpo mtg | 1/15 – BRF High School Mentor Luncheon, 4-H Parents & Leaders Board mtg, Dairy Comm. mtg |
| 1/9 – Staff mtg, Post-Tenure Review, Taking Care of You Master Trainers conf call, children's coalition meeting | 1/16 – HWPP grant mtg |
| | 1/17 – STEM team mtg, Caregivers Support Grp mtg |
| | 1/18 – JC Coordinated Service Teams mtg |

1/19 – Social Marketing Campaign mtg
 1/23 – Cloverbud Project planning mtg
 1/24 – Aging Collaboration programs mtg, YQCA
 instructor training, Partner mtg about the opioid
 abuse issue
 1/30 – Youth & Families program planning mtg, Staff
 mtg

1/31 – Taking Care of You planning mtg, HWPP
 progress report mtg

Trainings/Workshops Facilitated/Led:

1/19 – MindUP Inservice for BRFSD staff members
 1/23 – HWPP Partnership Council mtg



Sewing together rows at Quilting SPIN Club



Laying out the pattern for her quilt at Quilting SPIN Club



Ribbon cutting ceremony during Family Night



Stormie showing off her magic skills making a paperclip float with magnets

Grain Marketing and Risk Management program 1/17

Area farmers have attended this meeting series since 2010, starting with a small group of farmers in the Melrose area. The program addresses risk management topics focusing on grain marketing, as well as production topics. The 2018 outlook is for another year of tight profit margins for grain production. I facilitated this meeting with program partners, Brian Beyer and Terri Rudie of Cargill who discussed the corn and soybean market outlook, providing an update of market forces –domestic and international, and market strategies for 2018. UW-River Falls' Brenda Boetel discussed grain and livestock market conditions and outlook, John Strohfus of MN Hemp Farms discussed considerations for those curious about marketing and the production of industrial hemp and Compeer Financial provided an update of 2018 crop insurance programs. (54)

Cultivating Your Farm Future program series 1/24

I facilitated this program with partners at the UW Center for Dairy Profitability, Weld Riley Law Firm and financial advisors at NY Life. Operating agreements and the transfer of management are two topics not to be overlooked as people first begin farming together. Whether the partnership is with family members or non-related parties, having a plan for operations and management provides a strong base for a sustainable business. Presentations included an overview of financial management basics, a group discussion of case studies based on real-farm examples of various partnership examples. A farmer panel portion of the meeting provided information and examples of direct marketing opportunities of farm products. (20)

Agriculture Human Resources Management – UW Farm & Industry Short Course program 1/25

UW Farm & Industry Short Course program requested instruction for the class “Agriculture Human Resources Management”. I worked with two co-instructors to develop the class curriculum, lesson plans, and provide co-instruction. Under the objectives of this class, students learn a practical approach to farm human resource management. The structure of the course follows the curriculum, Becoming the Employer of Choice, developed for farm supervisors, managers and owners. (51)

Farm Human Resource Management – WI Indianhead Technical College 1/31

The large-herd dairy group of the Wisconsin Indianhead Technical College farm management program. The focus of their winter meeting series is human resource management. I presented topics requested from the UW-Extension Becoming the Employer of Choice curriculum on hiring farm employees and providing employee reviews and feedback. (20)

Add'n programs/projects:

- USDA National Risk Management Education conference application 1/8
- Farm succession program planning 1/18, 19
- Dairy Partner/El Compañero newsletter article (winter driving safety-summary of UWPD article) 1/18
- Pesticide Applicator training/certification program 1/23
- City of BRF - drainage issues at Spaulding Road Community Garden 1/24
- Jackson County Chronicle, Ag column– Results of Recycling Ag Plastics in Jackson County, 1/26
- Ag plastics recycling survey planning 1/29
- Tomato seed production webinar for produce growers 1/30
- Wisconsin Agriculturalist –UWEX Dairy Team column, author -dairy labor 1/30

Farm visits/consults:

- Boehm, pat 1/3
- Kirwan, dairy econ ¼
- Brook/BJ dairy outlook ¼
- Carlson, industrial hemp ¼
- Laufenberg, livestock composting 1/5,8
- Wise, mentor program 1/5
- Mosely, pat 1/5
- Waldera, facilities 1/8, 12
- Laufenberg, PRRS 1/8
- Stubrud, milk quality 1/8, 23
- Odeen, accounting 1/12
- Johnson, ag plastics 1/15
- Coxlien, ind. hemp 1/16
- Giese, ind.hemp 1/18
- Kling, milk quality 1/18, 26
- Hagen, land rent 1/22
- Hovey, record books 1/22
- Ponterio, health regs, 1/22
- Kujawa, farm stress 1/23
- Schmidt, soils 1/23
- Suchanek, pruning 1/23
- Peterson, Ind hemp 1/25
- Stetzer, farm succession 1/26
- Kramer, ind. Hemp 1/26
- Rose, farm accounting 1/29
- Daniels, dairy marketing 1/31

Add'n meetings/program participation:

- UW Agronomy update mtg 1/5
- Annual reporting 1/8-9
- JC Farmers Market board mtg 1/10
- JC Livestock education cmt mtg 1/10
- Post tenure review 1/12
- JC Dairy Promotion cmt mtg 1/16
- JC Livestock Sale cmt mtg 1/16
- Compeer Financial mtg 1/16
- Spring Thaw beef show cmt mtg 1/21
- Comm Garden mtg with City of BRF 1/24
- ANRE teams mtg 1/29
- Ag plastics recycling mtg 1/29
- Swine PRRS update webinar 1/30
- Land Conservation Dept mtg 2/1

FoodWise Nutrition Education Report for 1/1/18 – 1/30/18 for Jackson County Extension Education Committee

FoodWise Projects, Events & Professional Development - April Duval, Coordinator:

- Jackson in Action: Harvest of the Month displays at the Hansen's and Library: Rutabaga flyer
- FoodWise Book Study "What if I Say The Wrong Thing? 25 Habits for Culturally Effective People" – read the book, completed the reflective questions and participated in the webinar
- Poverty and Food Insecurity in Buffalo, Eau Claire, Jackson and Trempealeau Counties presented to Western Dairyland new staff and to Leadership Eau Claire Business Leaders (2 presentations)



- Youth Advocacy Group: application materials prepared and shared with BLAST after school high school students, conference call with those counties participating
- FY19 FoodWise program planning Wisline and work time on needs assessments
- FoodWise Mapping and Expanding Outreach Webinars – shared with county UW-Extension staff.
- Review of Quarter 1 Data entries in PEARS, Dean's Wisline, Tribal Nutrition Education group call

Educational Programming in Jackson County Schools:

School	Classes/Lessons	Lesson Topic	Number of Students
Forrest Street Elementary Kindergarten	7 classes 1 lesson	Protein	105 students
Red Creek Elementary School 2 nd Grade	7 classes 3 lessons	MyPlate Dairy Protein	324 students
Red Creek Elementary School 3 rd – 5 th Grade After School Program	1 lesson	MyPlate	15 students
Lincoln Elementary 2 nd Grade	3 classes 3 lessons	MyPlate Dairy Protein	135 students
Lincoln Jr. High School 7 th Grade	1 lesson	MyPlate	38 students

Educational Events in Jackson County:

Jackson County Home Based Head Start Lesson with parents on Eating Healthy on a Budget: 1 adult

**There was a total of 40 Nutrition Education events in Jackson County
with a total of 617 educational contacts from 1/1/18 – 1/30/18**