



Teens Against Bullying Others (TABO)

6th Grade - Cyberbullying

BACKGROUND

Cyberbullying is sending or posting mean text or images using the Internet or things like cell phones and video game devices. Dealing with this type of bullying requires young people and adults to have a new set of knowledge and skills. It is important for youth to understand how quickly the truth can spread as rumors and half-truths on the internet and what to do to stay safe.

WHAT TO DO

Activity: Teen Team Introductions

Time: 3 minutes

Tell the students your name, what grade you're in, and one reason why you are a TABO member.

Activity: Pictionary Telephone

Time: 10-15 minutes

Count the class off to divide the class into smaller groups of about 5 students each. Tell the students they are going to play a game, called Pictionary Telephone, in these small groups. Share the following game instructions:

Each of you will start with a different sheet of paper. At the top of each sheet is a sentence. You should draw a picture of what's happening in that sentence. Do the best you can. Then fold over the top of the sheet so you can see your picture, but not the sentence. When everyone has drawn a picture, we will all pass our papers to the right. The next person will write a sentence about that picture, then fold the top down so the picture is hidden. Pass again to the right, and the next person will draw a picture of what's happening in the new sentence, fold it over. Pass it to the right, and so on... until everyone gets the paper they started with back.

Tell students they can look at all of the pictures and sentences. Invite them to share the sentence they started with and how it changed through the activity.

Reflection Questions

Question:	Key Words/Phrases to Look For:
<ul style="list-style-type: none"> • What happens when you pass a message on to someone else? 	<ul style="list-style-type: none"> • It changes • It gets twisted • It doesn't mean the same thing as when I said it.
<ul style="list-style-type: none"> • Why do you think the message on your paper changed during the activity? 	<ul style="list-style-type: none"> • We don't have control over it anymore • People understand things differently. • People only hear part of what we tell them or only pass on part of the message.

Intended Audience:

High School-age teens teach to 6th grade youth

Learning Objectives:

Youth will be able to:

- Understand what happens to the truth when it is spread through technology.
- Learn the 8 different types of cyberbullying
- Know what steps to take to protect themselves if they are being cyberbullied.

Target Essential Elements:

Youth learn skills that contribute to *belonging and independence*.

Time: 45 minutes

Supplies Needed:

- LCD projector
- Laptop
- PowerPoint presentation
- Speakers
- Pitcher
- Long-handled stirring spoon
- Drink mix
- Water
- Cups (5-oz)
- Stop Cyberbullying postcards (laminated)

Do Ahead:

Before the session starts:

- Make copies of Pictionary

Telephone game sheets and cut them in half. Have a set ready for each group.

- Prepare presentation, projector, and screen.
- Prepare supplies for the lemonade activity.
- Print and laminate (optional) Stop Cyberbullying postcards to hand out to students.

Sources:

- Adapted by Monica Lobenstein, Jackson County 4-H Youth Development Agent, and Alex Galston, AmeriCorps VISTA Member, UW-Extension, 2013 from presentation and activities developed by Annie Lisowski, Buffalo County 4-H Youth Development Agent, UW-Extension, 2011.

- How might the message on your paper similar to a rumor that gets started in real life?

- You can't control a rumor once it starts
- People understand things differently
- People only hear part of it or change it when they tell someone else.

Activity: Cyberbullying Presentation

Time: 20 minutes

Lead the Cyberbullying presentation using the notes pages. This includes the Lemonade Activity.

PowerPoint Presentation Slides with notes pages saved in separate file.

[PowerPoint version](#)

[PDF version](#)

[Prezi Version of Presentation Slides](#)

CLOSING: Evaluation

Hand out postcard evaluation. They do not need to write their names on the postcards. Ask the students to complete the postcard and turn it in.

STOP CYBERBULLYING!

WHO MIGHT BE ABLE TO READ THIS?

COULD SOMEONE MISINTERPRET WHAT I'M SAYING?

AM I POSTING IN ANGER?

AM I SHOWING A BAD SIDE OF MYSELF?

AM I REVEALING TOO MUCH ABOUT MYSELF?

COULD SOMEONE FEEL DISRESPECTED?

THINK

BEFORE YOU POST ONLINE

Image available through Creative Commons by Royan Lee.

IF YOU WOULDN'T SAY IT TO SOMEONE'S FACE, DON'T SAY IT ONLINE!

IF YOU OR SOMEONE YOU KNOW IS BEING CYBERBULLIED:

👉 RECOGNIZE 👉 REFUSE 👉 REPORT 👉 RECORD

TEENS
AGAINST
BULLYING
OTHERS

UW
Extension

Jackson County

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Agree Mostly Agree Neither Agree Nor Disagree Mostly Disagree Disagree

I understand more about what happens to a rumor that spreads on the internet (circle one)



Quick Questions

6th Grade

Please complete the questions on this card about this session of Teens Against Bullying Others.

I will "think before I post" anything online.
 No Yes Not Sure

I know what to do if I receive bullying messages online or on my phone.
 No Yes Not Sure

I understand who it is safe to think of as a "friend" online and who is not.
 No Yes Not Sure

Please use the back of this card to answer the following question. What kind of place do you want your school to be? You may use words and/or pictures in your response.

Agree Mostly Agree Neither Agree Nor Disagree Mostly Disagree Disagree

I can recognize the 8 different kinds of cyberbullying that can happen online. (circle one)



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