

Keeping it Cyber Smart

6th Grade Training

TEENS
AGAINST
BULLYING
OTHERS

UW
Extension

Jackson County

What is cyberbullying?

ž Cyberbullying is sending or posting mean or embarrassing text or images using the Internet or things like cell phones and video game devices



Who is a friend?

ž A “friend” is NOT a person:

- You first met online
- You have only met once
- Who is a friend of a friend
- Who only “likes” you online





FLAMING

Online fights, angry messages or swear words





HARASSMENT

Always bothering someone by sending **mean messages**





DENIGRATION

Sending or posting **gossip or rumors** about a person to ruin their reputation or friendships





IMPERSONATION

Pretending to be someone else online to get them in trouble or ruin their reputation or friendships





OUTING

Sharing someone's secrets or embarrassing information or photos online





TRICKERY

Tricking someone into revealing secrets or embarrassing information, then sharing it online





EXCLUSION

Keeping someone from **being your friend online** or part of the group just to be mean



CYBERSTALKING

Harassment that includes **threats** or makes someone very scared



No Escape

- Unlike being bullied at school cyberbullying can invade every aspect of your life and follow you where ever you go including your own bedroom



Dealing with Cyberbullies

ž Four R's of Cyberbullying

- **Recognize**
- **Refuse**
- **Record**
- **Report**



Think Before You Post

- z What you do in cyberworld does have consequences in the real world.
- z You are not **anonymous** online – this means you can't hide!



Why do kids cyberbully?

- ž Angry at someone
 - ž Want revenge
 - ž Bored
 - ž Get Attention
 - ž Do it by accident
 - ž Be more popular
 - ž Defend self or friends
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- ž No matter the reason it can get you in trouble at school or with the police!



Meanness Multiplies

- ž 1 in 2 cyberbullying messages is forwarded to more people
- ž It's hard to stop rumors from spreading online and their effects can be permanent.
 - Water = Rumor
 - Powder = Truth



What would you do?

z Chris takes a picture of Sam in the locker room and posts it on Facebook. You're friends with both of them on Facebook and see the picture. There are a lot of mean comments about it and several people have shared it.

What would you do?

z David and Maria rush home after school many days to text their friends on their cell phones. Their parents let them text their friends, but they haven't told their parents that every day for a week they received messages from someone they don't know that are mean. "I hate you!" "You are so stupid." "I'm going to beat you up!"

Questions?

