**4-H Youth Development Team**

January 2016 Highlights

**4-H Outreach:**

* **4-H Membership Policy** – The membership policy for Jackson County 4-H has not been reviewed by the board in more than 10 years. I have a committee of board members who will help to review the policy and ensure that it makes 4-H accessible, open and welcoming to all.

**Volunteer Development:**

* **4-H Youth Trips Interviews** – For youth trips like 4-H State Conference and Citizenship Washington Focus, the board conducts group interviews with interested youth. The youth apply for the trip they want. Then the board uses the interviews to 1) determine who the delegates for the trip may be and who gets funding support (up to half the cost of a trip), and 2) to give young people interview experience and feedback to help them improve their skills. This year, the interview committee interviewed 3 young people for 2 trips – Space Camp and State Conference.

**Strengthening Families:**

* **HCN Coordinated Service Team (CST) Meetings** – As a result of the November HWPP Partnership Council meeting, Carolyn Blackdeer invited Lisa Listle and I to attend the CST meeting in early December to talk about the mindfulness project. We presented information about suicide intervention, mindfulness, and other mental wellness initiatives in the community and shared good discussion about how we can work with the CST in the future. Blackdeer and a co-worker also came to UW-Extension late in the month to learn more about the range of UW-Extension programs they may be able
* **Teen Focus Groups** – As part of SQUAD, the tri-county coalition for mental health, Lisa Listle and I conducted 2 focus groups with teens from Boys & Girls Club and Ho-Chunk Nation Youth Services. We asked questions about how they might use technology and the internet to access resources in a crisis situation. We combined their feedback with the responses from La Crosse and Monroe Counties, and based on the information gathered, the coalition is developing a plan for how social media resources can support young people.
* **Taking Care of You (TCY) Facilitation Team** – 8 individuals who were trained as TCY facilitators came together in December to talk about how to proceed with offering TCY programs for adults in the county. Facilitators will be paid for their time through 2 grants. The goal is to offer TCY in the community 9 times before the end of September; 3 have been completed already.

**Key Meetings:**

12/7 – STEM Team meeting (Wausau)

12/8 – Staff meeting

12/9 – Tobacco-Free Coalition mtg; GLX mtg

12/10 – Fair Board meeting

12/11 – Prevent Suicide Wisconsin steering committee Wisline; statewide assessment Wisline

12/15 – SQUAD meeting (La Crosse)

12/16 – Regional 4-HYD meeting (Pepin)

12/17 – TCY collaboration meeting

12/18 – HWPP planning Wisline, Statewide assessment Wisline

12/19 – Mentor meeting (Eau Claire)

12/20 – HCN Coordinated Service Team mtg

1/5 – Staff mtg, Pace & Pedal planning mtg

1/6 – HWPP Social Marketing Wisline

**Trainings/Workshops Facilitated/Led:**

12/1 & 10 – Strengthening Families (Alex)

12/2 – Alex trained BGC and HCNYS staff on 4-H afterschool activity

12/3 & 17 – TABO meetings at Lincoln and BRF (Alex)

12/7 & 14 – Taking Care of You

12/8 – Presentation for HCN Coordinated Service Team meeting; Co-facilitated 2 teen focus groups about online crisis resources

12/9 – Taking Care of You Facilitation Team meeting

12/10 – 4-H Youth Trips Interviews

12/17 – QPR for Health & Human Services staff

12/23 – HCN Youth Services Family Night program

1/7 – Club Officer Training