FoodWIse Nutrition Education Report for Jackson County Extension Education Committee 2/1/17 - 2/28/17

<u>FoodWIse Projects, Events & Professional Development:</u> <u>April Duval, Coordinator:</u>



- Northwest Regional All Colleague Conference: I was the FoodWIse
 Representative on the planning committee. I was in charge of the
 FoodWIse program area time for each day organized agenda and contacted
 professional development speakers. Created power point for the session state
 updates, regional updates performance review, title review and I also presented a
 session titled: Making a Teaching Plan from Curriculum Plans shared Grade 2 Show
 Me Nutrition lessons and how I adapt them and use them from curriculum.
- Jackson in Action: Social media posts to promote 5210 and Harvest of the Month: Sweet Potato. Harvest of the Month flyer up at Gordy's.
- 5210 Meeting and Jackson in Action meeting
- Supervision of and meetings with Nutrition Educator Sandy Witte
- Webinar/Conference Calls: Dean's Wisline
- GardenWIse program grant writing and submission- contact with key partners. Also wrote letter of support to Western Dairyland Head Start Garden Nutrition Education.
- Survey of Head Start Parents for Nutrition Education in March/April/May
- Civil Rights organization of necessary materials for each county

Educational Programming in Jackson County Schools:

School	Grade	Lesson Topics	Number of Students
Forrest Street	Kingergarten	MyPlate	111 students
Elementary	7 classes		
Red Creek	2 nd Grade	MyPlate	127 students
Elementary	7 classes		
Red Creek	3 rd – 5 th Grade	Nutrition Facts Label	
Elementary After	2 lessons	Whole Grains	27 students
School Program	2 16350113	Whole Grains	
Lincoln	Kindergarten	MyPlate	46 students
Elementary	3 classes		
Lincoln	2 nd Grade	MyPlate	
Elementary	6 classes	Dairy Food Group	79 students
Elementary	2 lessons	Daily Food Gloup	

Educational Programming in Jackson County Community:

- ➤ Boys and Girls Club Nutrition Education Lessons with Elementary aged youth: Nutrition Facts Label lesson: 1 lesson = 8 students
- > Taylor Food Pantry Spend Less Eat More lesson: 18 adults



There was a total of 33 Nutrition Education events in Jackson County with a total of 416 educational contacts from 2/1/17 - 2/28/16